The Digestive System

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Dr. A. K.Goudarzi D.V.M. Ph.D Department of basic sciences School of veterinary mendicine I.A. University

Digestion

- Processing of food
- Types
 - Mechanical (physical)
 - Chew
 - Tear
 - Grind
 - Mash
 - Mix

Chemical

- Catabolic reactions
- Enzymatic hydrolysis
 - Carbohydrate
 - Protein
 - Lipid

Digestion

Phases

- <u>Ingestion</u>: taking food into mouth
- Mastication: chewing food & mixing it with saliva
- <u>Deglutition</u>: swallowing food
- <u>Peristalsis</u>: rhythmic wave-like contractions that move food through GI tract
- <u>Absorption</u>: entering the nutrients to the blood

Secretion

- Includes release of <u>exocrine</u> & <u>endocrine</u> products into GI tract
- <u>Exocrine</u> secretions include: HCl, H₂0, HC0₃⁻,
 bile, lipase, pepsin, amylase, trypsin, elastase, & histamine
- <u>Endocrine</u> includes hormones secreted into
 stomach & small intestine to help regulate GI
 system
 - E.g. gastrin, secretin, CCK, GIP, GLP-1, guanylin, VIP, & somatostatin

Digestive System Organization

- Gastrointestinal (Gl) tract (Alimentary canal)
 - Structures
 - Mouth
 - Oral Cavity
 - Pharynx
 - Esophagus
 - Stomach
 - Duedenum
 - Jejenum
 - Ileum
 - Cecum
 - Ascending colon
 - Transverse colon



Digestive System Organization

- Descending colon
- Sigmoid colon
- Rectum
- Anus
- Accessory structures
 - Not in tube path
 - Organs

- Teeth
- Tongue
- Salivary glands
- Liver
- Gall bladder
- Pancreas



Layers of GI Tract

- Are called <u>tunics</u>
- The 4 tunics are <u>mucosa</u>, <u>submucosa</u>, <u>muscularis</u>, & <u>serosa</u>

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Serosa Longitudinal muscle Circular muscle

Plica circularis Mucosa

Submucosa

Mesentery

Mucosa

S Is the absorptive & secretory layer lining lumen of GI tract

- In places is highly folded with villi to increase absorptive area
 - Contains lymph nodules, mucus-secreting goblet cells, & thin layer of muscle



Submucosa

- Is a thick, highly vascular layer of connective tissue where absorbed molecules enter blood & lymphatic vessels
- Contains glands & nerve plexuses (<u>submucosal</u> <u>plexus</u>) that carry ANS activity to muscularis



Muscularis

- Is responsible for segmental contractions & peristaltic movement through GI tract
- Has an inner circular & outer longitudinal layer of smooth muscle
 - Activity of these layers moves food through tract while pulverizing & mixing it
 - <u>Myenteric plexus</u> between these layers is major nerve supply to GI tract
 - Includes fibers & ganglia from both Symp & Parasymp systems

Serosa

Is outermost layer; serves to bind & protect

Consists of areolar connective tissue covered with layer of simple squamous epithelium



Regulation of GI Tract

- Parasympathetic effects, arising from <u>vagus</u> & spinal nerves, stimulate motility & secretions of GI tract
- Sympathetic activity reduces peristalsis & secretory activity
- GI tract contains an intrinsic system that controls its movements--the <u>enteric nervous system</u>
- GI motility is influenced by <u>paracrine</u> & <u>hormonal</u> <u>signals</u>

Anatomy of the Mouth and Throat



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Human Deciduous and Permanent Teeth





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Dorsal Surface of the Tongue



The Major Salivary Glands



Deglutition (swallowing)

- Sequence
 - Voluntary stage
 - Push food to back of mouth
 - Pharyngeal stage
 - Raise
 - Soft palate
 - Larynx + hyoid
 - Tongue to soft palate
 - Esophageal stage
 - Contract pharyngeal muscles
 - Open esophagus
 - Start peristalsis



Deglutition (swallowing)

- Control
 - Nerves
 - Glossopharyngeal
 - Vagus
 - Accessory
 - Brain stem
 - Deglutition center
 - Medulla oblongata
 - Pons
 - Disorders
 - Dysphagia
 - Aphagia

Esophagus

- Usually collapsed (closed)
- **3** constrictions
 - Aortic arch

- Left primary bronchus
- Diaphragm
- Surrounded by
 - SNS plexus
 - Blood vessels
 - **S**Functions

- Secrete mucous
- Transport food





Peristalsis and Segmentation



Esophagus

• Sphincters

- Upper
- Lower
- Abnormalities
 - Achalasia
 - Atresia
 - Hernia
 - Barret's esophagus
 - Esophageal varices





Stomach

- Gastric glands contain cells that secrete different products that form gastric juice
 - <u>Goblet cells</u> secrete
 <u>mucus</u>
 - Parietal cells secrete <u>HCl</u> & intrinsic factor (necessary for B_{12} absorption in intestine)
 - <u>Chief cells</u> secrete
 <u>pepsinogen</u> (precursor for pepsin)



Stomach

Enterochromaffinlike cells secrete histamine & serotonin G cells secrete gastrin

<u>D cells</u> secrete somatostatin



Anatomy of the Stomach



Stomach

- 3 muscle layers
 - Oblique
 - Circular
 - Longitudinal
- Regions
 - Cardiac sphincter
 - Fundus
 - Antrum (pylorus)
 - Pyloric sphincter
- Vascular
- Inner surface thrown into folds Rugae
- Contains enzymes that work best at pH 1-2



Stomach

- Functions
 - Mix food
 - Reservoir
 - Start digestion of
 - Protein
 - Nucleic acids
 - Fats
 - Activates some enzymes
 - Destroy some bacteria
 - Makes intrinsic factor B 12 absorption
 - Destroys some bacteria

- Absorbs
 - Alcohol
 - Water
 - Lipophilic acid
 - B 12

HCl in Stomach

Is produced by parietal cells which AT H⁺ into lumen via an H⁺/ K⁺ pump (pH \approx 1) Cl⁻ is secreted by facilitated diffusion H+ comes from dissociation of H₂CO₃ Cl- comes from blood side of cell in exchange for HC0₃⁻



HCl in Stomach

- Is secreted in response to the hormone gastrin; & ACh from vagus
 - These are indirect effects since both stimulate release of histamine which causes parietal cells to secrete HCl

HCl in Stomach

Makes gastric juice very acidic which denatures proteins to make them more digestible

Converts pepsinogen into pepsin

 Pepsin is more active at low pHs



Digestion & Absorption in Stomach

- Proteins partially digested by pepsin
- Carbohydrate digestion by salivary amylase is soon inactivated by acidity
- Alcohol & aspirin are only commonly ingested substances absorbed

- Extends from pyloric sphincter → ileocecal valve
- Regions
 - Duodenum
 - Jejenum
 - Ileum
- Movements
 - Segmentation
 - Peristalsis



- Histology
 - Intestinal glands Intestinal enzymes
 - Duodenal glands Alkaline mucous
 - Paneth cells Lysozyme
 - Microvilli
 - Lacteals
 - Plica circularis
 - Smooth muscle
 - Lymphatic tissue GALT Mucosa
 - Vascular



- Absorbs
 - 80% ingested water
 - Electrolytes
 - Vitamins
 - Minerals
 - Carbohydrates
 - Active/facilitated transport
 - Monosaccharides
 - Proteins
 - Di-/tripeptides
 - Amino acids

- Lipids
 - Monoglycerides
 - Fatty acids
 - Micelles
 - Chylomicrons

Structure of the Villi in the Small Intestine



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- Secretes digestive enzymes
 - Peptidases

- Amino-
- Di-
- Tri-
- Sucrases
- Maltase
- Lactase
- Saccharidases
 - Di-
 - Tri-
- Lipase
- Nucleases



• Control

• Requires pancreatic enzymes & bile to complete digestion



Large Intestine

- Extends from ileocecal valve to anus
- Regions
 - Cecum Appendix
 - Colon
 - Ascending
 - Transverse
 - Descending
 - Rectum
 - Anal canal



Anatomy of the Large Intestine



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Large Intestine

- Histology
 - No villi
 - No permanent circular folds
 - Smooth muscle
 - Taeniae coli
 - Haustra
 - Epiploic appendages
 - Otherwise like rest of Gl tract

Large Intestine

- Functions
 - Mechanical digestion
 - Haustral churning
 - Peristalsis
 - Reflexes
 - Gastroileal
 - Gastrocolic
 - Chemical digestion –
 Bacterial digestion
 - Ferment carbohydrates
 - Protein/amino acid breakdown

Absorbs
More water
Vitamins

B
K

Concentrate/eliminate wastes

Feces Formation and Defecation

- Chyme dehydrated to form feces
- Feces composition
 - Water
 - Inorganic salts
 - Epithelial cells
 - Bacteria
 - Byproducts of digestion
- Defecation
 - Peristalsis pushes feces into rectum
 - Rectal walls stretch

- Control
 - Parasympathetic
 - Voluntary

- Location
 - R. Hypochondrium
 - Epigastric region
- 4 Lobes
 - Left
 - Quadrate
 - Caudate
 - Right
- Each lobe has lobules Contains hepatocytes Surround sinusoids – Feed into central vein

• Functions

- Makes bile
 - Detergent emulsifies fats
 - Release promoted by:
 - Vagus n.
 - CCK
 - Secretin
 - Contains
 - Water
 - Bile salts
 - Bile pigments
 - Electrolytes
 - Cholesterol
 - Lecithin



- Detoxifies/removes
 - Drugs
 - Alcohol
- Stores
 - Glycogen
 - Vitamins (A, D, E, K)
 - Fe and other minerals
 - Cholesterol
- Activates vitamin D
- Fetal RBC production
- Phagocytosis
- Metabolizes absorbed food molecules
 - Carbohydrates
 - Proteins
 - Lipids



• Dual blood supply

- Hepatic portal vein
 - Direct input from small intestine
- Hepatic artery/vein
 - Direct links to heart









Pancreas

Jejunum

and sphincter

Main pancreatic duct

The Organs and Positions in the Abdominal Cavity

Liver	
Gallbladder	
Lesser omentum ——	
Stomach	
Duodenum	
Transverse colon ——	And
Small intestine ———	- Hora
Cecum	- ASKE
Bladder	
(t	(0



Structures of the Alimentary Canal

